



THE NARRATIVE ENNEAGRAM

INTRODUCTION TO THE NARRATIVE ENNEAGRAM **ONLINE with Suzette and Nobantu**

**“Come with an open heart and curiosity,
to discover the gift of who you are!”**

Suzette Fischer

Do you sometimes ask: “Who am I?”, “Who are you?” “Why do we do and say the things we say and do?” Although we do not really get answers to these questions, we keep on asking: “Who am I?”, “Who am I really?” “Why am I the type of person I am?” “Why am I such a mystery to myself? Who are my loved one/friends, colleagues?” I really want to understand him/her better.

Ennea is nine in Greek. *Gram* comes from the Greek word, *Grammos* which means diagram. The Enneagram is a diagram with nine numbers. The nine numbers, represent nine different personality types or nine unique ways how people have learnt to perceive their environments and to adjust to it.

The Enneagram is not there to change your personality, but it is there to sensitize you to your learned personality and how to be able to detach from that. The challenge is to be able to perceive and to accept your gifts as well as your weaknesses. The Enneagram is intended as an instrument through which movement and growth can take place. The more movement and growth there is, the more self acceptance there will be, and the more self acceptance there is, the more self renewal can take place.

The aim of this Enneagram workshop is to introduce participants to the nine different personality styles and also for attendees to discover his/her own personality type. This will help participants understand themselves better as well as their loved ones, friends, families and colleagues.

When: 15 – 16 August 2020

Saturday: 9h00 – 11h00, 11h30 – 13h30, 14h30 – 16h30

Sunday: 9h00 – 11h00, 11h30 – 13h00

Fee: R2500

Early-bird fee: R2000 by 31 July 2020

Learning Objectives of “Introduction to the Narrative Enneagram”

The following represents a set of potential learning objectives. It is not intended to be exclusive or exhaustive, just typical.

- To learn about and understand this most fundamental and powerful of typologies and its application in your healthy development, your relationships, and your work.
- To identify your own type, especially your pattern of attention, and how it limits and benefits you.
- To heighten your acceptance of yourself and others through understanding how each of us actually operates.
- To build understanding of personal reactions for reducing stress, better self-management, and improving effectiveness.
- To gain an appetite for further Enneagram study.

The application of the Enneagram applies to so many facets of our lives. This workshop will introduce the 9 Enneagram types/styles. We will look at the basic structure of each of these personalities, the motivation, the gift, focus of attention, avoidance, emotional habit and how this plays out in our lives.

If you are new to the Enneagram, this workshop is a prerequisite for attending the **ENNEAGRAM PROFESSIONAL TRAINING PROGRAM (EPTP)**.

To register: info@enneagramsa.co.za

Confirmation will be on receipt of payment. A 10-minute Zoom appointment will be scheduled before the workshop starts on Saturday the 15th August 2020.

Looking forward to meeting you!
Suzette Fischer

TRAINING ASSOCIATE



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