



THE NARRATIVE E N N E A G R A M

Enneagram Professional Training Programme Studies in The Narrative Enneagram

The Narrative Enneagram (TNE) offers a strong foundation and vibrant community of practice. The Core Programme offering is the “starting block” of TNE. Whether you are new to the Enneagram or a long-time student, this programme provides a unique, life-changing experience that will deepen your understanding of yourself and others.

The Narrative Enneagram Core Programme starts with [Enneagram Intensive](#), which is open to all and provides the basis for the other two core courses: [Instincts and Subtypes](#) and [Deepening Spiritual Awareness](#). Each of the three courses includes panel interviews, somatic exercises, and the practice of self-remembering, self-observation and inner awareness.

You may begin this programme without a commitment to take all three courses.

In South Africa the current Core Programme Calendar is:

- Part 1 Enneagram Intensive: 9-14 March 2021
- Part 2 Instincts and Subtypes: 21-23 August 2020
- Part 3 Deepening Spiritual Awareness: 20-22 November 2020

After completing the Core Programme, you may choose to continue with the Enneagram Professional Teachers Program, which forms the certification track of TNE.

The Enneagram Professional Training Programme (EPTP) was created by Helen Palmer and David Daniels, MD in 1988 to train and certify Enneagram Teachers in the Narrative Tradition.

The certification of students is supported by selected Narrative Enneagram Certified Teachers in South Africa who supervise the internship – completion of Typing interviews and the case-study.

For those completing their certification in South Africa we will offer:

- Part 4: The Typing Process: 16-18 October 2020
- Part 5: Internship (on completion of Part 4)
- Part 6: Repeat of Part 1 Certifying teachers are required to host

Type panels during this training. The next Enneagram Intensive is planned for 9-14 March 2021.

Growing the community of students and teachers in South Africa is guided by Suzette Fischer and Monika Adelfang. Suzette is the EPTP Training Associate for South Africa and partners with Mons as guest teacher to care take the supervision of teachers and practitioners in training.

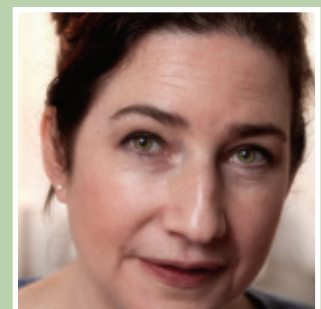


Suzette Fischer
EPTP Training Associate

Suzette Fischer is the representative of The Narrative Enneagram in South Africa and has been studying and teaching the Enneagram for 20 years.

She is a spiritual director and teaches the Enneagram in a 16- month spiritual direction program for “The Centrum for Spirituality, Meditation and Prayer”.

Suzette has been teaching the Enneagram in SA, Namibia and Malawi.



Monika Adelfang
(nicknamed Mons)
Enneagram Teacher

Mons is certified with The Narrative Enneagram and The Enneagram Institute. She is teaches the Enneagram in the USA, the Netherlands, Ghana, Namibia, Zambia and South Africa.

Her current work is applying Enneagram teachings to human issues as managing director of Quiet Insight LLC and Associate Partner of Kamphuis Consultancy in the Netherlands.